



ETERNAL BEAUTY LIFESTYLE

Weight loss and Aesthetic care

Hormone Replacement Therapy (HRT)

Initial Laboratory Testing & Pricing Options

Overview

As part of your Hormone Replacement Therapy (HRT) evaluation, comprehensive laboratory testing is required to assess your hormone levels and overall health. We offer two options for completing your initial lab work:

- Self-Pay (Cash Pricing)
- Insurance-Based Lab Billing

Each option has its own advantages. Please review the information below to determine which best fits your needs.



Option 1: Self-Pay (Cash Pricing)

What This Includes

- Comprehensive hormone panel tailored for HRT evaluation
- includes:
 - Estradiol Sensitive
 - Progesterone
 - Testosterone Free and Total
 - DHEA-S

- Thyroid panel (T3,T4, FreeT3, Free T4, TO Antibodies)
- CBC
- CMP
- Lipid Panel
- Vitamin B12
- Vitamin D
- Cortisol
- hs - CRP
- A1C
- FSH and LH
- Prolactin
- SHBG
- IGF-1
- Ferritin
- Additional markers as clinically indicated

Pricing

- **Cost: \$385 includes all the labs as well as a consultation for 30 mins reviewing results and addressing treatment recommendations**
- Discounted cash rates through partnering laboratories

Benefits

-  Transparent, upfront pricing (no surprise bills)
-  No insurance authorization required
-  Ability to order comprehensive and functional hormone panels
-  Faster processing and fewer delays

Considerations

- Payment is due at the time of service
- Labs are not submitted to insurance



Option 2: Insurance-Based Lab Billing

How It Works

Consultation Fee for Provider ordering, reviewing labs and providing recommendation treatment \$175, due at the time of service

- Labs are ordered and sent to a third-party laboratory (e.g., LabCorp or Quest Diagnostics)
- The laboratory bills your insurance directly

Estimated Patient Cost

- Varies based on your insurance plan:
 - \$0 (if fully covered)
 - Copay or coinsurance
 - Full cost if deductible has not been met
- **Be Aware with Insurance coverage you may receive a bill and only you will be responsible for it**

Important Notes

- Insurance only covers labs deemed “medically necessary”
- Some hormone tests may not be covered, including:
 - DHEA-S
 - Free testosterone
 - Specialized hormone panels

Risks

- ⚠️ Potential for partial coverage or denial
- ⚠️ Unexpected out-of-pocket costs
- ⚠️ Delays due to insurance processing or prior authorization



Our Recommendation

For patients seeking comprehensive hormone optimization and predictable costs, self-pay lab pricing is often the preferred option.

Patients who wish to use insurance are welcome to do so; however, we recommend contacting your insurance provider in advance to verify coverage and potential out-of-pocket costs.



Additional Information

- Laboratory pricing is subject to change based on test selection
- Additional or repeat labs may be recommended based on your results
- Our team is happy to help guide you in selecting the best option

If you have any questions regarding your lab options, please contact our office prior to your appointment.

Follow up labs are required 3 months post treatment initiation cost. \$120 out of pocket of \$60 with insurance. After that if Testosterone treatment is initiated labs are done minimum every 6 months. If only estrogen and/or progesterone if stable it is done once every 6-12 months.

Cost of medications:

Script Calls per medication **every 3 months is \$70**

For example we are calling Estrogen patch or progesterone capsules, etc. **That is \$70 per script every 3 months if the provider's fee. This does not include the medication.** Most insurance cover the medications at a small fee, GoodRx is rather inexpensive for those who are paying out of pocket, we will check GoodRx for the best price in the area for you.

Testosterone vials are \$250 this is about 6-8 months supply. They ship directly to your house. If you are interested on Testosterone cream, I am working closely with Hallandale Pharmacy and can provide additional pricing.

Please schedule 15 mins virtual consultation after reading this document with any additional questions.