

CJC-1295 (No DAC) + Ipamorelin Overview

What are they?

CJC-1295 (No DAC) and Ipamorelin are peptides that work together to stimulate your body's natural production of growth hormone (GH). Rather than replacing GH, they encourage your pituitary gland to release it in a physiologic, pulsatile manner.

- CJC-1295 (No DAC): Mimics Growth Hormone Releasing Hormone (GHRH).
- Ipamorelin: Mimics ghrelin and stimulates growth hormone release through a different receptor.

When combined, they generally produce a stronger GH pulse than either peptide alone.

Potential Benefits

- Improved sleep quality
- Faster recovery from exercise
- Increased lean muscle maintenance
- Gradual fat loss (with proper nutrition and exercise)
- Improved skin quality and collagen production
- Enhanced tissue recovery
- Increased energy and overall well-being

Note: These peptides are not FDA-approved for anti-aging or wellness purposes, and long-term human data remain limited.

When to Inject

For the best natural GH response:

- Inject **30–60 minutes before bedtime**
- **Ideally 2–3 hours after your last meal**
- Avoid eating carbohydrates immediately before the injection
- Rotate injection sites (abdomen, thigh, or upper arm)

How Often

Common protocols include:

- Every night (7 days per week), or
- **5 nights on, 2 nights off**

Cycling

A commonly used schedule is:

- **8–12 weeks on**
- **4 weeks off**

Some providers extend therapy to 12–16 weeks before taking a break.

Potential Side Effects

- Mild water retention
- Tingling or numbness
- Headache
- Increased appetite (usually mild)
- Injection-site irritation
- Elevated IGF-1 if dosing is excessive

Recommended Monitoring

- IGF-1
- Fasting glucose
- Hemoglobin A1c
- Comprehensive Metabolic Panel (CMP)
- Lipid panel
- Thyroid labs if clinically indicated

Clinical Pearls

- Pair with adequate **protein intake, resistance training, and quality sleep for best results.**
- More is not always better—aim for IGF-1 in an appropriate physiologic range rather than the highest possible level.
- If using multiple peptides, discuss timing and monitoring with your prescribing clinician to minimize risks and optimize results.

Prices and dosing:

- **\$140** for 5/5 mg vial
- **We mix the powder with 2ml of sterile solution**
- **Keep refrigerated after mixing**
- 200 units in the vial after you mix it
- nightly injection starts at 5 units for females, 10 units for males
- per vial 40 shots of 5 units or 20 shots of 10 units
- **Purchase multiple vials at the same time and receive 5% off**
- **Available for pick up at 700 court street, suit 3, Clearwater FL 33756**