



ETERNAL BEAUTY LIFESTYLE

Weight loss and Aesthetic care

Eternal Beauty Lifestyle, LLC Tirzepatide Weight Loss Consent Form

Tirzepatide is a human based glucagon-like peptide-1 receptor agonist prescribed as an adjunct to a reduced calorie diet and increased physical activity for weight management in adults with initial body mass index (BMI) of 27 or higher.

Recommendations while using Tirzepatide include:

- Prioritize Protein in your diet
- Increase fiber in your diet to promote healthy digestion and avoid constipation
- Decrease the consumption of simple carbs such as potatoes, chips, rice, ect
- Avoid sugary drinks and treats
- Limit alcohol consumption as this medication can lower blood pressure
- Increase water intake to at least 32 oz a day

Contraindications. Do Not take this medication if:

- Under the age of 18, over the age of 75
- Pregnant, trying to become pregnant or breastfeeding
- You have personal or family history of medullary thyroid carcinoma (Thyroid Cancer)
- You are diabetic and currently on diabetic medications to lower your blood sugar without speaking to your prescribing provider
- If taking Insulin, must speak to your provider to adjust doses to avoid hypoglycemia
- You have history of Pancreatitis
- You are allergic to Tirzepatide or any other GLP-1 agonist such as: Semaglutide, Adlyxin, Byetta, Bydureon, Ozempic, Rybelsus, Ytulicity, Victoza, Wegovy
- Before starting this medication discuss your medical history with your provider

Possible drug interactions: Anti-diabetic medications such as Insulin and Sulfonylureas (glyburide, glipizide, glimepiride, tolbutamide) it increases the risk for hypoglycemia (low blood sugar). Do Not take another GLP-1 agonist medication such as: Semaglutide, Adlyxin, Byetta, Bydureon, Ozempic, Rybelsus, Ytulicity, Victoza, Wegovy (This is NOT all-inclusive list). If you are taking any other medications that may lower your blood sugar please let your provider know.

Possible side effects: Nausea, diarrhea, vomiting, constipation, abdominal pain, headache, fatigue, dyspepsia, dizziness, abdominal distention, belching, hypoglycemia, flatulence, gastroenteritis, and gastro esophageal reflux disease. Injection side effects may include itching, burning, welting, redness, bruising.

Serious allergic reactions to this medication are rare. Get immediate medical help if you notice symptoms of an allergic reaction such as rash, itching/swelling (especially the face, tongue, throat), severe dizziness, trouble breathing. Report your symptoms to your provider as soon as possible. In an event of emergency, call 911 immediately.

By signing, I certify that I have read and understand the content of this form. I am aware of the possible side effects and drug interactions and give my consent for treatment. I have informed the medical staff of all medications and supplement I am currently taking. I understand that there other ways and programs that can assist me in my desire to decrease my body weight and acknowledge that no guarantees have been made to me concerning my results.

Patient Name (Print)

Patient's Date of Birth

Patient's Signature

Today's Date