

Wolverine Stack (BPC-157 + TB-500) Overview

What is the Wolverine Stack?

The Wolverine Stack is a regenerative peptide combination consisting of:

- BPC-157 (Body Protection Compound-157)
- TB-500 (Thymosin Beta-4 Fragment)

The name comes from Marvel's Wolverine because the combination is intended to support the body's natural healing and recovery processes.

Unlike growth hormone peptides, the Wolverine Stack focuses on tissue repair, recovery, and regeneration, not increasing growth hormone levels.

Neither peptide is FDA-approved for treatment of injuries or wellness, and most evidence comes from animal studies and early human research.

How Does the Wolverine Stack Work?

BPC-157

BPC-157 primarily supports:

- Tendon repair
- Ligament healing
- Muscle recovery
- Gastrointestinal healing
- Angiogenesis (formation of new blood vessels)
- Regulation of inflammation

TB-500

TB-500 primarily supports:

- Cellular migration
- Tissue remodeling
- Angiogenesis
- Muscle recovery
- Connective tissue repair
- Flexibility and mobility

Together, the peptides target different aspects of tissue healing, making them a popular combination for recovery-focused protocols.

Potential Benefits

Musculoskeletal Recovery

- Tendon healing support
- Ligament recovery
- Muscle repair
- Joint support
- Faster recovery following strenuous exercise
- Recovery after orthopedic injuries

Soft Tissue Repair

- Improved wound healing environment
- Scar remodeling support
- Reduced recovery time following injury

Athletic Recovery

- Improved exercise recovery
- Support for overuse injuries
- Enhanced mobility
- Reduced soreness

General Wellness

- Support for healthy connective tissue
- Improved recovery capacity
- Support for active lifestyles

When using a pre-mixed Wolverine Stack, dosing is based on the concentration of the compounded vial and should follow the prescribing clinician's instructions.

Injection Method

Administration:

- Subcutaneous injection
- Abdomen, thigh, or upper arm
- Rotate injection sites

Some clinicians inject BPC-157 near the site of injury, although current evidence does not clearly demonstrate superior outcomes compared with standard subcutaneous administration.

When to Inject

Most patients inject:

- Morning
- or
- After exercise
- or
- At a consistent time each day

The Wolverine Stack does not require bedtime administration.

How Often

Common protocol and dosing include:

- 5 units to 20 units (500MCG to 2 mg) for
- 5 days on
- 2 days off

It varies per provides and manufacturing protocols

Cycling

Typical protocols include:

- 6–8 weeks on
- Reassess healing and symptoms

For more significant injuries:

- 8–12 weeks, followed by reassessment

Long-term continuous therapy has not been well studied.

Potential Side Effects

Possible side effects include:

- Injection-site redness or irritation
- Mild headache
- Fatigue
- Nausea
- Dizziness
- Temporary soreness

Long-term safety data in humans are limited.

Recommended Monitoring

Routine laboratory monitoring is generally not required for short-term use in otherwise healthy individuals.

Depending on the clinical situation, consider:

- CBC
- CMP
- Clinical assessment of pain
- Range of motion
- Functional recovery
- Healing progress

Clinical Pearls

- The Wolverine Stack is primarily a musculoskeletal recovery protocol, not a skin rejuvenation protocol.
- It is commonly used after orthopedic injuries, tendonitis, ligament sprains, and intense athletic training.
- It does not stimulate growth hormone or increase IGF-1.
- It is often combined with physical therapy, strength training, and proper nutrition to optimize recovery.
- If skin rejuvenation is the primary goal, GHK-Cu or the GLOW peptide blend may be more appropriate.
- Most of the available evidence comes from animal research and early human studies, so treatment decisions should be individualized.

The Wolverine Stack is designed to support the body's natural tissue repair processes by combining two peptides with complementary mechanisms involved in healing and recovery. While widely discussed in regenerative medicine and athletic communities, robust human clinical data remain limited, and treatment should be supervised by a qualified healthcare provider.

Price and dosing:

- **\$255** for 5/5 mg vial
- **We mix the powder with 2 ml of sterile solution**
- **Keep refrigerated after mixing**
- **200 units in the vial after mixing**
- Inject 5-10 units in fatty area such as belly, love handle, back of the arm
- depending on the dose 20 - 40 shots total administered 5 days on 2 days off
- 1 - 2 month supply depending on your dose
- **Purchase multiple vials at the same time and receive 5% off**
- **Available for pick up at 700 court street, suit 3, Clearwater FL 33756**